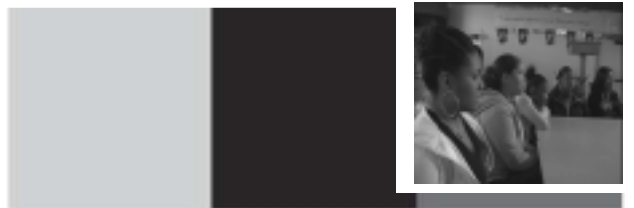


# Volunteer Application Package



AFRICAN AMERICANS  
REACH & TEACH  
HEALTH MINISTRY  
AARTH

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AARTH Ministry  
7728 Rainier Avenue South, Seattle, WA 98118  
Phone 206-850-2070 • Fax 206-760-9434  
[www.aarth.org](http://www.aarth.org)

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# About AARTH Ministry

The purpose of this package is to introduce you to African Americans Reach and Teach Health (AARTH) Ministry and an opportunity to become a volunteer. AARTH is a faith-based capacity building nonprofit organization established in 2002 to respond to HIV/AIDS and other major health issues affecting people of African descent.

*AARTH's mission* is to build the capacity of faith and health institutions that serve people of African descent through education, compassionate service, access to resources and self-advocacy for better health care systems.

*AARTH seeks to bridge* the gap between the faith and health communities by promoting collaborative partnerships among churches, faith and community-based organizations, health, social service, and government institutions.

*AARTH believes* that God has given us everything we need pertaining to life and godliness through our knowledge of him who has called us by his own glory and goodness. We have the authority, gifts and abilities to change practices and situations that create negative health impacts and to develop relationships, systems, and environments that nurture and sustain good health. 2 Peter 1:3

*We value* health education and practices that empower African Americans to make wise decisions about maintaining natural and spiritual wellness.

*In our vision* we see African Americans living healthier and longer lives supported by thriving self-sustaining and culturally centered community-based health networks. We see adults and youth making informed decisions about their health and sexual practices. We see individuals using their gifts and abilities to serve each other and participate in legislative processes that determine health care policies and funding.

AARTH's goals are to:

- Increase the awareness and knowledge of people of African descent about health issues that disproportionately affect them.
- Promote responsible health practices among people of African descent.
- Build the internal capacity of health ministries to provide services and effectively collaborate with others.

# Guiding Principles

AARTH Ministry's values are founded on the Biblical principles of agape love, compassion, communication, integrity, peace, power, wholeness and wisdom. Our approach to addressing issues is based on what is just and ethical. Our key strategies for providing service are culturally relevant education, compassionate service, access to resources, and self- advocacy for better health care systems

*Education cultivates better understanding and the motivation to change behaviors*

We strive to deliver facts about health issues by presenting information in ways that are culturally relevant and respectful. This requires being aware of our audience's social-cultural norms and allowing the information we present to be interpreted based on their values and beliefs.

*Compassionate service creates opportunities for action and reconciliation*

Our values, vision, mission, and work ethics demonstrate and promote non-judgmental attitudes and the establishment of safe spaces for healthy dialogue.

Compassion is concern and kindness expressed through an attitude and behavior of unconditional acceptance of people.

Healthy dialogue occurs when people share, knowing that they and their comments are heard, respected, valued, and held in confidence. When this occurs, compassion, appreciation and affirmation are experienced by all.

A non-judgmental attitude is the ability to reserve personal attitudes, thoughts, beliefs and behaviors and to respect differences or similarities from ones' own beliefs.

Safe space is a place where people find sanctuary; an environment that accepts and nurtures every person's presence.

*Access to Resources increases the awareness and ability of people to receive needed services.*

We work through collaborations, partnerships and referrals to link people to health and faith services that appropriately address the needs of the whole person.

*Self-Advocacy empowers people to take responsibility for their own health by being part of the decision making process.*

We promote involvement and ownership in the legislative and funding process for services and resources.

# Prospective Volunteers

- AARTH Ministry invites people who are willing to respect our position of faith and embrace our vision, values, mission, guiding principles and goals to share their gifts, skills, and experiences by becoming a volunteer.

## Contact Information

Name	
Street Address	
City ST ZIP Code	
Home Phone	
Work Phone	
E-Mail Address	

## Availability

During which hours are you available for volunteer assignments?

- Weekday mornings       Weekend mornings  
 Weekday afternoons       Weekend afternoons  
 Weekday evenings       Weekend evenings

## Interests

Tell us in which areas you are interested in volunteering

Tasks	Programs
<input type="checkbox"/> Administration	<input type="checkbox"/> AARTH web site
<input type="checkbox"/> Events	<input type="checkbox"/> Health Ministry Development
<input type="checkbox"/> Field work	<input type="checkbox"/> Body & Soul
<input type="checkbox"/> Fundraising	<input type="checkbox"/> Faith Community Nursing
<input type="checkbox"/> Phone bank & mailings	<input type="checkbox"/> Prayer Shawl Ministry
<input type="checkbox"/> Newsletter production	<input type="checkbox"/> Living Healthier with Chronic Conditions
<input type="checkbox"/> Web site administration	<input type="checkbox"/> HIV/AIDS Education
<input type="checkbox"/> Database development	<input type="checkbox"/> Mobile Medical Clinic
<input type="checkbox"/> Technology	<input type="checkbox"/> Board of Directors

### Special Skills or Qualifications

Summarize special skills and qualifications you have acquired from employment, previous volunteer work, or through other activities, including hobbies or sports.

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### Previous Volunteer Experience

Summarize your previous volunteer experience.

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### Person to Notify in Case of Emergency

Name	
Street Address	
City ST ZIP Code	
Home Phone	
Work Phone	
E-Mail Address	

### Agreement and Signature

By submitting this application, I affirm that the facts set forth in it are true and complete. I understand that if I am accepted as a volunteer, any false statements, omissions, or other misrepresentations made by me on this application may result in my immediate dismissal.

Name (printed)	
Signature	
Date	

Thank you for completing this application form and for your interest in volunteering with us.

Thank you for your interest in becoming a volunteer. We appreciate you completing and returning this application along with your **resume** to Betty Morgan, AARTH Ministry 7728 Rainier Avenue South, Seattle, WA 98118. You may also contact AARTH by phone at 206-850-2070, fax at 206-760-9434 or email at [aarthministry@yahoo.com](mailto:aarthministry@yahoo.com)

# AARTH Ministry Program Services

## Access to Wellness Network @ [www.aarth.org](http://www.aarth.org)

AWN equips churches with training and online access to culturally relevant health information and resources that can be used for educating congregations and communities.



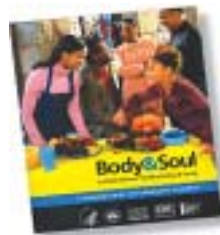
## Health Ministry Development



A faith-centered strategic planning Program for African American churches that includes course work and technical assistance for developing holistic health ministries.

## Body & Soul

A wellness initiative developed by and for African American churches, an initiative of the National Cancer Institute implemented locally by Fred Hutchinson Cancer Research Center and AARTH Ministry. The initiative includes the resources to educate members and help change eating practices to include a diet rich in fruits and vegetables. Churches receive peer education training, materials, cook books and videos on nutrition and healthy soulful menus.



**Faith Community Nursing (FCN) Service** FCN is the specialized practice of professional nursing that focuses on intentional care of the spirit as part of promoting holistic health and preventing or minimizing illness. AARTH collaborates with nursing/health organizations and institutions to engage practicing, retired and student nurses in providing preventative health services. FCN provides technical assistance for health ministries by offering educational workshops, conducting screenings, assessments and referrals services.

## Prayer Shawl Ministry

The Prayer Shawl Ministry invites followers of Christ to share their spiritual gifts, natural talents and

abilities to create shawls of compassion for others in need. The intent is to comfort and give solace to those who receive the shawl. It wraps the wearer in a warm tangible creation of God's love. 2 *Corinthians 1:3, 4*

## Living Healthier with Chronic Disease

Peer education training for individuals living with chronic disease. Individuals learn how to use problem solving, decision-making and coping skills to confront the ever-changing challenges of living with a chronic illness. The course licensed by Stanford University and facilitated by AARTH's licensed master educators.



## Free Medical Mobile Clinic

AARTH & PSCC collaborate to provide free medical care services for individuals and families who are uninsured.

## HIV/AIDS Education and Training

AARTH works with the Northwest AIDS Education and Training Center/ University of Washington to offer over 30 HIV/AIDS courses, clinical preceptorships, clinical consultations, web-based learning and initiatives for professionals providing health care, treatment and education services for people of African descent in the Alaska, Oregon, Idaho and Washington States.



HIV/AIDS Education for Licensures: HIV/AIDS education certification for professionals seeking Washington State Department of Health licensing.

Orientation for Clergy: Customized HIV/AIDS training for clergy.

## *Who Will Speak for Me* ...creates safe spaces for healthy dialogue about HIV/AIDS

This mini-documentary explores the impact of HIV/AIDS among people of African descent and the role of the faith and larger community. The video includes a leader's and participant's guide and is available upon request.

